

**SUPPORTING YOUTH MENTAL HEALTH THROUGH
PARTICIPATION AND EMOTIONAL EMPOWERMENT**

14 October 2026 | Time 14:15-17:30 | European Parliament - Room ASP 3H1

EMPASY Project Final Conference Programme	
14:15-14:20	Welcoming Remarks - Mikael Leyi, SOLIDAR
14:20-14:35	Opening Remarks – MEP Marcos Ros Sempere, S&D Group
14:35-14:55	EMPASY Research Insights - Luca Merotta, Fondazione ISMU <i>Main findings on the role of participation and emotional empowerment in youth mental health from Lebanon, Morocco, and Jordan</i> Q&A
14:55-15:25	From evidence to practice: EMPASY Handbooks on emotional literacy and participatory approaches – Giulia Landi, Fondazione ISMU and Ronke Oluwadare, Insieme Per Mano Complementary practices, tools and methodologies – Panagiotis Chatzimichail, OBESSU
15:25-16:00	Perspectives from the ground – Fadi Tabet, Chabibeh SC, Adib Lrhoul, FOMEJE and Noor Dfair, SYLJO <i>Roundtable discussion with youth workers and partner organisations sharing the lessons learned from the implementation in target countries.</i> Moderated by Ronke Oluwadare, Insieme Per Mano Q&A
16:00-16:20	<i>Coffee Break</i>
16:20-17:20	<i>Policy discussion: how to mainstream youth participation and emotional empowerment in European and EU-Southern Mediterranean policies?</i>



	<i>With the participation of</i> • Alen Maletic, Policy Officer, DG MENA • Charalambos Vrasidas, Executive Director, <u>CARDET</u> Chair: Elisa Gambardella, SOLIDAR+ Q&A
17:20 -17:30	Concluding remarks